



Want to Take a Break from Work? Here are some DC's Mini- Getaways away from the Office

Posted by [Weng Cheong](#) / 02 Aug 2017

There's nothing quite like a vacation. As the dogs days of summer pass, consider these options and treat yourself to a mini staycation!

Spa World

Location: 13830 Braddock R. Centreville VA 20121

Contact: (703) 815-8959

Price: Starts at \$25

24/7 Hours Access

Website: <http://www.spaworldusa.com/>

Spa World offers a luxurious retreat experience as both male and female customers are encouraged to make use of its 50,000 square feet Asian-style resort with technically advanced equipment and a variety of services. This spa includes a bade pool, ice bath, hot tubs, dry sauna, relaxation rooms, and a physical fitness center. Guests have the option to receive additional body massages ranging from aromatherapy, reflexology, to beauty body scrubs. The resort also serves an Asian-cuisine buffet inside. Not only would you get a 12-hour access pass to this rejuvenating experience, Spa World is also open 24 hours a day. This way, you can treat yourself to a spa break in the morning, during your lunch break, and/or anytime after work.

Varnish Lane Nail Salon

Location: 5236 44th St., NW, Washington D.C. 20015

Hours: 10 AM - 7 PM

Price: Starts at \$28

Contact: (202) 506-5308

Website: <http://varnishlane.com/>

Located right in the nations capital, Varnish Lane Nail Salon transforms a normal manicure experience into an elegant yet affordable getaway. The salon offers three different sets of nail services starting at \$28; furthermore, a waxing menu is also available to customers. All of Varnish Lanes products are 100% chemical free and all of the treatments are waterless. The eco-friendly salon thrives to provide the best nail care and advice to customers. Paying a visit to the nail salon like Varnish Lane is a quick and effective way to feel renewed after a long day at work.

CorePower Yoga

Multiple Locations in DC Metro area and Maryland

Website: <https://www.corepoweryoga.com/>

Visit the site to receive a free week of hot yoga

Price: Drop-in visits at \$20

CorePower Yoga is a great place after a long day at meetings. Not only do the instructors push and motivate participants through the practice, but the experience also ends with a calming and relaxing effect as they sweat away all the pressures from work. CorePower differs from other hot yoga studios in that the modern yet consciously-designed spaces represent a safe place for customers to escape from their realities and focus on nothing else but solely themselves. An hour class at CorePower will leave you feeling refreshed and motivated. Core Power Yoga studios can be found throughout the DC metro area, making it very accessible to businessmen and women.



Twilight Monument Kayaking Tour

Locations: Theodore Roosevelt Island, Watergate, the Lincoln Memorial, and the Kennedy Center

Contact: 202-337-9642

Price Range: \$45 including kayak, paddle, and life jacket rental

Website: <http://boatingindc.com/boathouses/key-bridge-boathouse/>

For adventurous employees who can't wait to exercise after a whole day of sitting at the office, this Twilight Monument Kayaking Tour offered by Thompson Boat Center is perfect for them. This tour offers a unique experience where kayakers get the most breathtaking view of the nation's capital while exploring the waters of Potomac River. In this tour, customers have the opportunity to see the most stunning sceneries and an elaborate guide of DC.

