



Regionâ€™s 117 Debuts Farm-to-Table Spring Menu

Posted by [Alison Beckwith](#) / 19 May 2017

Northern Virginia restaurant offers picturesque dining experience

[Regionâ€™s 117new spring menu](#)

Executive Chef Scott Bilstad said the new menu is based on suggestions from customers, seasonally available ingredients from local farms and experimental takes on classic dishes that were inspired by looking at old cookbooks.

Watch the new Trilogy at Lake Frederick Lifestyle Video here: <https://vimeo.com/209818109>.

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